

Dry Eye Information for Artificial Eye Wearers

Specializing in the Fitting and Fabrication of Ocular Prosthetics

Due to the eye being removed natural tear function will be affected. In some cases, artificial eye wearers, including scleral cover shells, will experience discharge (mucous). This is the socket's way of indicating it is not getting sufficient lubrication or just dry. Things that further increase dry eyes are:

Heating and Air Conditioning * Wind and Sun * Smoke * Natural Aging Process * Allergies Working Conditions * Computer Use and Reading * Oxygen Mask and Sleep Machine * Non-Functioning Tear Duct * Lack of Corneal Reflex * Certain Medications * * Not Getting Full Lid Closure * Ill Fitting Eye Prosthesis

If you are getting excessive discharge when wearing the artificial eye and lubricating it does not seem to help, please contact us at (800) 543-7936.

Eye Lubricants

Below is a list of dry eye *drops, gels, and ointments*, which can be found at most stores that handle contact lens solutions and products. These are suggestions only; we do not endorse the listed products. Generic brands for each are usually available, please ask a store clerk or pharmacist for help in locating these. *Drops* are recommended for most artificial eye wearers. *Gels and/or ointments* may work better especially at night if you do not get full lid closure or have no lid function at all. You may need to try a few of these to see what works best for you. *Be sure to read and follow the instructions included with the lubricant*.

<u>Drops</u> Refresh Plus – PF Refresh Relieva - PF Gels
Refresh Celluvisc - PF
Refresh Liquigel

Ointments
Refresh Lacri-Lube
Systane Nighttime
GenTeal PM

Oil
Refresh Mega-3 (Flaxseed Oil) - PF

PF = Preservative Free

DO NOT use outdated eye lubricants or share eye lubricants - DO NOT use lubricants containing redness reliever