



Specializing in the Fitting and Fabrication of Ocular Prosthetics

### **Professional Polishing:**

It is recommended to have your ocular prosthesis (a.k.a. artificial eye) professionally resurfaced **every 6 months** by an Ocularist at Midwest Eye Laboratories. Resurfacing is not just removal of plaque build up from the prosthesis. Being trained Ocularists we are able to evaluate the medical grade material that the prosthesis is made from and determine if there is any deterioration or breakdown of the material, if the eye is fitting the socket correctly, and/or if there is an indication that the prosthesis requires replacement or adjustment. This will also help prolong the life of the prosthesis. For an appointment call (800)543-7936.

### **Removal and Insertion:** (see back side for removal/insertion instructions)

- For a **custom ocular prosthesis** fit when an eye has been surgically removed it is generally not recommended to remove the ocular prosthesis; however, there are instances when occasional removal is necessary. Removing the prosthesis too often may cause the socket to become irritated. Most wearers only have the prosthesis out once every 6 months at their routine polishing visit with the Ocularist. Please follow the Ocularist's recommendations for care and cleaning.
- For a custom **scleral cover shell** removal is required every evening before going to sleep; or follow the Ocularist's recommendations.

### **Cleaning:**

When needed clean the ocular prosthesis with baby shampoo and water (no brushes or abrasives), **rinse it thoroughly**, and reinsert it into the eye socket. To reinsert the eye, a drop or two of a recommended lubricant gently rubbed over the front and back surfaces of the prosthesis will help it slip back into place more easily.

### **Daily Care:**

**Every morning and every night** to AVOID BUILD-UP of dried mucus and deposits first use a moist, warm compress over the eye for ½ minute with the prosthesis in place followed by a cool compress for ½ minute. When wiping the eye ALWAYS WIPE TOWARDS THE NOSE. If necessary, remove mucus build-up from the prosthesis with a dry cotton tip applicator. Following the cold compress using an eye lubricant is recommended.

### **THINGS TO AVOID**

1. DO NOT touch the tip of the eye drop dispenser to eye lashes or any surface when using to help prevent contamination!
2. DO NOT SHARE eye drops or make-up!
3. DO NOT USE OLD eye drops or make-up!
4. DO NOT USE eye drops with red restrictors!

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